



STUDENT SELF-EVALUATION & REFLECTION

School District No. 38 (Richmond)

To be completed by the STUDENT ONLY in INK

Student Name: _____ Student No. _____ Home School: _____

1. Describe the nature of the work/volunteer experience you did:

2. Describe (in detail) how you acquired this work/volunteer experience:

3. In point form, list the job/volunteer duties you had to perform:

- _____
- _____
- _____
- _____
- _____
- _____

4. What did you enjoy the most about this work/volunteer experience and why?

5. What was your greatest challenge and why?

6. The following is a list of skills, attitudes and behaviours necessary for successful employment/volunteer experiences. Please evaluate how you see yourself at this time.

(5) Excellent (4) Good (3) Satisfactory (2) Fair (1) Poor (NA) Not Applicable
Please circle below

	Excellent					Poor				
Fundamental Skills:										
Able to solve problems	5	4	3	2	1	NA				
Follow directions - listen to understand (and learn).....	5	4	3	2	1	NA				
Communicate well with colleagues & public	5	4	3	2	1	NA				
Use technology effectively	5	4	3	2	1	NA				
Recognize problems and effectively deal with them	5	4	3	2	1	NA				
Personal Management Skills:										
Attendance and Punctuality	5	4	3	2	1	NA				
Dresses appropriately.....	5	4	3	2	1	NA				
Honest and Ethical (incl. confidentiality).....	5	4	3	2	1	NA				
Show enthusiasm	5	4	3	2	1	NA				
Adjust to new situations	5	4	3	2	1	NA				
Manage time effectively	5	4	3	2	1	NA				
Work independently	5	4	3	2	1	NA				
Work productively	5	4	3	2	1	NA				
Concentrate on tasks	5	4	3	2	1	NA				
Demonstrate safe work practices	5	4	3	2	1	NA				
Teamwork Skills:										
Work well with other employees respecting diversity.....	5	4	3	2	1	NA				
Show initiative where appropriate	5	4	3	2	1	NA				
Accept constructive feedback	5	4	3	2	1	NA				
Participate effectively in projects and tasks	5	4	3	2	1	NA				
Have a positive attitude towards duties	5	4	3	2	1	NA				

7. Explain how your work/volunteer experience has helped you to develop the above skills:

8. How does this work/volunteer experience relate to your career goals for the future?

Student's Signature

Date of Student's Signature