RICHMON TRAINING PLAN – WEX 12A/12B Home School: Student Name: Company Name: Company WorkSafeBC #: Position/Role: Supervisor Name: Career Area: ______ On-Site Safety Orientation to be provided on: Date: ______ Supervisor Initials: _____ Approximate weekly schedule (days / hours to work): _____ **Student Area of Interest for Work:** (Placement and training plan align to student's area of workplace interest.) ■ Business/Applied Business Humanities ■ Trades/Construction/ ☐ Creative Arts, Design, and Media ☐ Engineering, Science/Applied Maintenance/Repair Social Services Science Computer/Software Technology ■ Health Services ☐ Tourism, Hospitality and Food Mathematics/Research/Analytics **Human Services** Services **Outline:** (General description of nature of work to be performed and connection to the student's area of interest.) **Employability Skills:** (Check all employability skills and specific skills to be practiced.) (See chart on reverse.) Employability Skills: Teamwork Skills: Communicating Working with Others ■ Managing Information Participating in Projects and Tasks ☐ Giving and/or Receiving Feedback Using Numbers Thinking, Analyzing and Solving Problems **Demonstrating Initiative** Skills Specific to Area of Interest: (incl. minimum of three) Personal Management Skills: **Demonstrating Positive Attitude and Behaviours** Being Responsible Being Adaptable Learning Continuously ■ Working Safely Acceptance of the terms of this Training Plan is acknowledged by the parties below: Circle the WEX course for which this Training Plan applies: WEX 12A or WEX 12B **WEX Student: Employer (Supervisor):** WEX Teacher (SD38): (signature) (signature) (signature) Date: Date: Date: _

Employability Skills

Conference Board of Canada

These skills can be applied and used beyond the workplace in a range of daily activities.



Fundamental Skills

The skills needed as a base for further development

You will be better prepared to progress in the world of work when you can:

Communicate

- read and understand information presented in a variety of forms (e.g., words, graphs, charts, diagrams)
- write and speak so others pay attention and understand
- listen and ask questions to understand and appreciate the points of view of others
- share information using a range of information and communications technologies (e.g., voice, e-mail, computers)
- use relevant scientific, technological and mathematical knowledge and skills to explain or clarify ideas

Manage Information

- locate, gather and organize information using appropriate technology and information systems
- access, analyze and apply knowledge and skills from various disciplines (e.g., the arts, languages, science, technology, mathematics, social sciences, and the humanities)

Use Numbers

- decide what needs to be measured or calculated
- observe and record data using appropriate methods, tools and technology
- make estimates and verify calculations

Think & Solve Problems

- assess situations and identify problems
- seek different points of view and evaluate them based on facts
- recognize the human, interpersonal, technical, scientific and mathematical dimensions of a problem
- identify the root cause of a problem
- be creative and innovative in exploring possible solutions
- readily use science, technology and mathematics as ways to think, gain and share knowledge, solve problems and make decisions
- evaluate solutions to make recommendations or decisions
- implement solutions
- check to see if a solution works, and act on opportunities for improvement

Personal Management Skills

The personal skills, attitudes and behaviours that drive one's potential for growth

You will be able to offer yourself greater possibilities for achievement when you can:

Demonstrate Positive Attitudes & Behaviours

- feel good about yourself and be confident
- deal with people, problems and situations with honesty, integrity and personal ethics
- recognize your own and other people's good efforts
- take care of your personal health
- show interest, initiative and effort

Be Responsible

- set goals and priorities balancing work and personal life
- plan and manage time, money and other resources to achieve goals
- assess, weigh and manage risk
- be accountable for your actions and the actions of your group
- be socially responsible and contribute to your community

Be Adaptable

- work independently or as a part of a team
- carry out multiple tasks or projects
- be innovative and resourceful: identify and suggest alternative ways to achieve goals and get the job done
- be open and respond constructively to change
- learn from your mistakes and accept feedback
- cope with uncertainty

Learn Continuously

- be willing to continuously learn and grow
- assess personal strengths and areas for development
- set your own learning goals
- identify and access learning sources and opportunities
- plan for and achieve your learning goals

Work Safely

• be aware of personal and group health and safety practices and procedures, and act in accordance with these

Teamwork Skills

The skills and attributes needed to contribute productively

You will be better prepared to add value to the outcomes of a task, project or team when you can:

Work with Others

- understand and work within the dynamics of a group
- ensure that a team's purpose and objectives are clear
- be flexible: respect, be open to and supportive of the thoughts, opinions and contributions of others in a group
- recognize and respect people's diversity, individual differences and perspectives
- accept and provide feedback in a constructive and considerate manner
- contribute to a team by sharing information and expertise
- lead or support when appropriate, motivating a group for high performance
- understand the role of conflict in a group to reach solutions
- manage and resolve conflict when appropriate

Participate in Projects & Tasks

- plan, design or carry out a project or task from start to finish with well-defined objectives and outcomes
- develop a plan, seek feedback, test, revise and implement
- work to agreed quality standards and specifications
- select and use appropriate tools and technology for a task or project
- adapt to changing requirements and information
- continuously monitor the success of a project or task and identify ways to improve